



Eisenhower Sports Pool

Fall/ Winter 2019-2020

October 1, 2019 thru March 31, 2020

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-Dusk
Monday	Combo Swim	Combo Swim	Jean's Aerobics+	Combo Swim	WVB Org Basic (3 cts) WVB Open Group (3 cts)	WVB Org Int			WVB Open Group		Combo Swim
Tuesday	Combo Swim	Combo Swim	Twe-Style Water Exercise	Combo Swim	WVB Org Int				Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Perry's Water Exercise	Combo Swim	WVB Open Group				WVB Open Group		Combo Swim
Thursday	Combo Swim	Combo Swim	Step It Up Aerobics	Combo Swim	WVB Org Int	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Step It Up Aerobics	Combo Swim	WVB Org Basic (3 cts) WVB Open Group (3 cts)	WVB Org Int			WVB Open Group		Combo Swim
Saturday	Combo Swim	Combo Swim	Combo Swim	WVB Open Group			Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Step It Up	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Open Group		Combo Swim

Phone: 674-8390 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in February 2020 for the spring/summer session (April 1 - Sept. 30, 2020). All sports pools are for residents only age 30 & older - please bring your Villages ID card. If you're interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.